

PIE AND PEAS ` FIVE `

ORGANISED BY **VALE ROYAL AC** UNDER U.K.A. RULES

www.valeroyalathleticclub.co.uk

A FIVE MILE MULTI TERRAIN UNDULATING 1 LAP COURSE (MEASURED BY U.K.A. COURSE MEASURER)
PERMIT APPLIED FOR

**SPONSORS: NORTHWICH AND WESTBROOK CARPETS AND LAMINATES
AND
PREMIER PHYSIO SPORTS INJURY CLINIC
46 Church Street, Runcorn WA7 1LL**



Targeting the cause not just the symptoms

WEDNESDAY 6th AUGUST 2008 AT 7.30PM

START:- THE LION PUB, MAIN ROAD, MOULTON, NEAR WINSFORD

PRIZES (One Per Individual)

Male	Female
Open 1 st – 5 th and 1 st Unattached 1 st : U20, V35, V40, 45, V50, V55, V60 1 st Team (4 to count – 1 st claim only)	Open 1 st , 2 nd & 3 rd and 1 st Unattached 1 st : U20, V35, V40, V45, V50 1 st Team (4 to count – 1 st claim only)

PIE AND PEAS SUPPER TO ALL ENTRANTS

(Vegetarian Option Available)

ENTRY FEE

£8.00 – UNATTACHED

£6.00 – UKA CLUB MEMBER

£2.00 – EXTRA ON THE NIGHT

****MINIMUM AGE – FIFTEEN ON THE NIGHT****

CHEQUES PAYABLE TO:- VALE ROYAL AC

TO:- P & P `5`

H. EVANS

238 CHESTER ROAD

HARTFORD

NORTHWICH

CHESHIRE CW8 1LW

ENCLOSE S.A.E. FOR NUMBER OR COLLECT ON THE NIGHT

PRE-ENTRY RECOMMENDED AS RACE LIMIT IS 250

SURNAME FIRST NAME D.O.B.

Postal Address

..... Post Code Tel. No.

FIRST CLAIM CLUB Reg. No.

Circle one box according to age on 06.08.08

MALE	U20	S	V35	V40	V45	V50	V55	V60
FEMALE	U20	S	V35	V40	V45	V50	V55	V60

I hereby agree race organisers shall not be liable for any accidents, injury, loss or damage as a consequence of my participation in the "Pie & Peas 5".

SIGNED _____

DATE _____

RACE NUMBER
(Official use)