



PIE AND PEAS 5



ORGANISED BY **VALE ROYAL AC** UNDER UKA RULES
www.valeroyalathleticclub.co.uk

**A 5 MILE MULTI-TERRAIN UNDULATING 1 LAP COURSE (on the new course as previous years)
RACE LICENCE APPLIED FOR**

Sponsors:



Advanced Medical Solutions



WEDNESDAY 2nd AUGUST 2017 AT 7:30PM

START and FINISH on the playing fields behind:-
THE ROYAL BRITISH LEGION, MAIN ROAD, MOULTON, CW9 8PB (BETWEEN NORTHWICH & WINSFORD)

PRIZES (One per Individual)

Male & Female
Open 1 st , 2 nd & 3 rd and 1 st Unattached* 1 st : U20, V35, V40, V45, V50, V55, V60, V65, V70, V75+ 1 st Team (4 to count – 1 st claim only)

*1st Male & Female unattached runners will be given 1 year's free membership to Vale Royal AC

PIE AND PEAS SUPPER TO ALL ENTRANTS

(Vegetarian Option Available)

PLUS: Additional prizes from Rosebank Sports - further details to be announced.....

ENTRY FEES: £11.00 UKA attached £13.00 unattached

**Enter On Line at niftyentries.com - Direct Link to Event:
vrac.niftyentries.com**

Entries on the night - £2 extra & subject to race limit of 350

MINIMUM AGE – FIFTEEN ON THE NIGHT
NUMBERS TO BE COLLECTED ON THE NIGHT (at the British Legion)
Race Director: Mike Harrington