

VALE ROYAL ATHLETIC CLUB

Code of Conduct for Young Athletes

1. Always treat others with respect and fairness and do not disrupt training sessions by bad behaviour.
2. Take part in competitions for the club when requested by your coach.
3. Be organised and on time for training sessions and competitions and ensure you have with you all necessary requirements in terms of clothing and food/drink.
4. Thank those who help you participate in athletics.
5. Inform your coach if you are feeling unwell or suffering from an injury.
6. Inform your coach if you are receiving any other coaching.
7. Notify a responsible adult if you have to go somewhere and when you will return.
8. Do not respond if someone seeks private information unrelated to athletics.
9. Always maintain a clear boundary between friendship and intimacy with a coach, club official or other person with whom you work.
10. Never accept lifts in cars or invitations into homes on your own without the prior knowledge and consent of your parent/carer.
11. Always use safe transport and travel arrangements.
12. Do not indulge in destructive behaviour and leave athletic venues as you find them.
13. Never behave in an illegal or irresponsible way.
14. If you have concerns or suspect a club member has suffered misconduct by someone else tell your parent/carer, coach, club Welfare Officer or Junior Coordinator.

I have read, understand and agree to abide by the above Code of Conduct.

Name _____ Signature _____ Date _____

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