

# **VALE ROYAL ATHLETIC CLUB**

## **CODES OF CONDUCT**

### **PARENTS AND CARERS**

As a responsible parent / carer you will:

1. Verify that the people coaching or managing your child are bonafide.
2. Take an active interest in your child's participation and encourage them to take part in club competitions and activities.
3. Attend training and competitions whenever possible.
4. Ensure your child does not take unnecessary valuables to training or competition.
5. Know exactly where your child will be at all times and who they are with.
6. Return a written consent form to the Club Team Manager/ Coach/Official including next of kin details, health and medical requirements before your child goes to any away events.
7. Inform your child's coach of any illness or disability that needs to be taken into consideration for athletic performance.
8. Provide any necessary medication that your child needs for the duration of any trip.
9. Report any concerns you have about your child's welfare/treatment to the club welfare officer. (this does not affect your rights to notify social services or police if you feel a crime has been committed)
10. Never make assumptions about your child's safety.

### **YOUNG ATHLETE**

1. Always treat others with respect and fairness and do not disrupt training sessions by bad behaviour.
2. Take part in competitions for the club when requested by your coach.
3. Be organised and on time for training sessions and competitions and ensure you have with you all necessary requirements in terms of clothing and food/drink.
4. Thank those who help you participate in athletics.
5. Inform your coach if you are feeling unwell or suffering from an injury.
6. Inform your coach if you are receiving any other coaching.
7. Notify a responsible adult if you have to go somewhere and when you will return.
8. Do not respond if someone seeks private information unrelated to athletics.
9. Always maintain a clear boundary between friendship and intimacy with a coach, club official or other person with whom you work.
10. Never accept lifts in cars or invitations into homes on your own without the prior knowledge and consent of your parent/carer.
11. Always use safe transport and travel arrangements.
12. Do not indulge in destructive behaviour and leave athletic venues as you find them.
13. Never behave in an illegal or irresponsible way.
14. If you have concerns or suspect a club member has suffered misconduct by someone else tell your parent/carer, coach, club Welfare Officer or Junior Coordinator.