



Emergency Response Procedures

Minor Emergency

Major Emergency

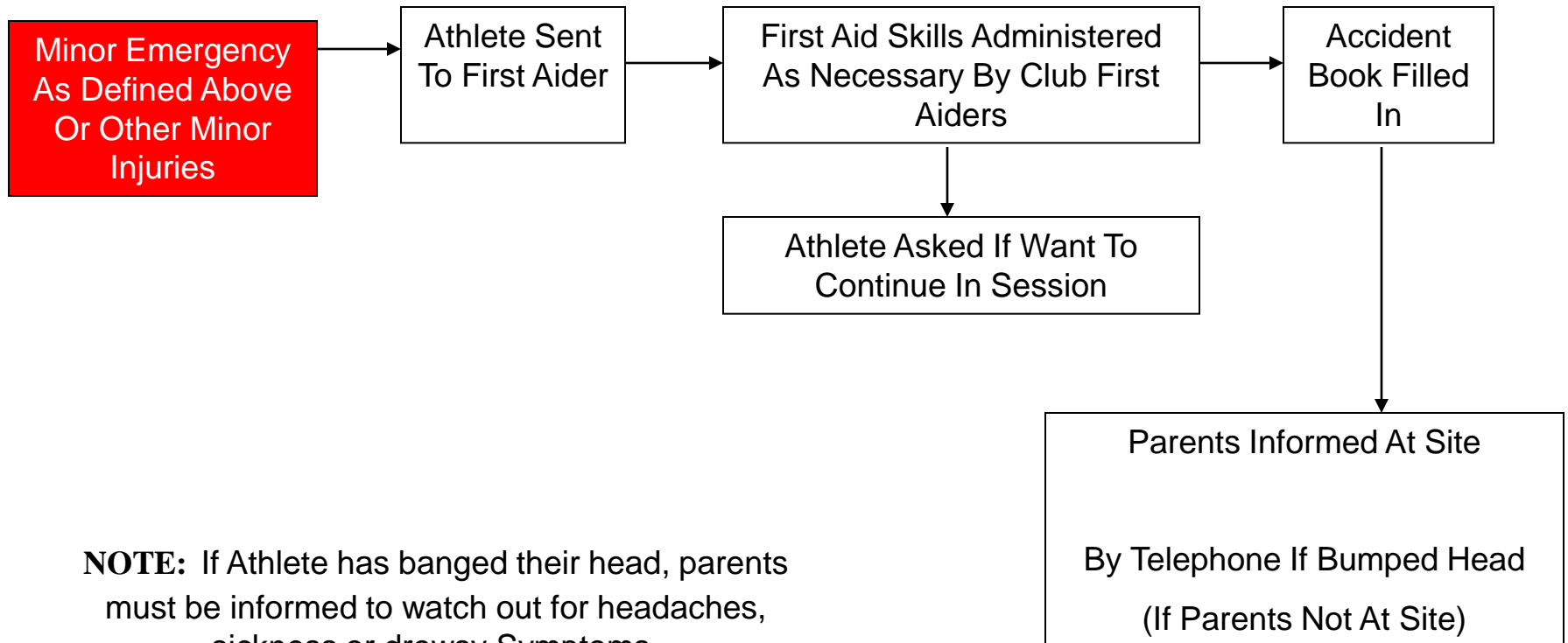


Vale Royal Athletic Club

Emergency Procedures - Vale Royal Athletic Club

Minor Emergency

Includes Cuts, Grazes, Nose Bleeds and Bumped Heads



NOTE: If Athlete has banged their head, parents must be informed to watch out for headaches, sickness or drowsy Symptoms.

Emergency Procedures - Vale Royal Athletic Club

Major Emergency
Includes Fractured Limbs, Unconsciousness, Heart Attack And Any Time Emergency Services Need to be Called (999/112) Or Fire Alarm

Fire Emergency

Fire Alarm

Evacuate Building

Meet At Designated Point & Take Registers

Alert Fire Crews Of Any Missing Athletes

First Aid Skills Administered As Necessary By Club First Aiders

Fractured Limbs, Unconsciousness, Heart Attack Or Any Time Emergency Services Are Required (if in doubt dial 999)

Make Sure Emergency Crews Can Access Site

Dial 999

Where you are, Who Is Injured, Condition Of Person, Give your mobile Number

First Aiders Administer First Aid Skills

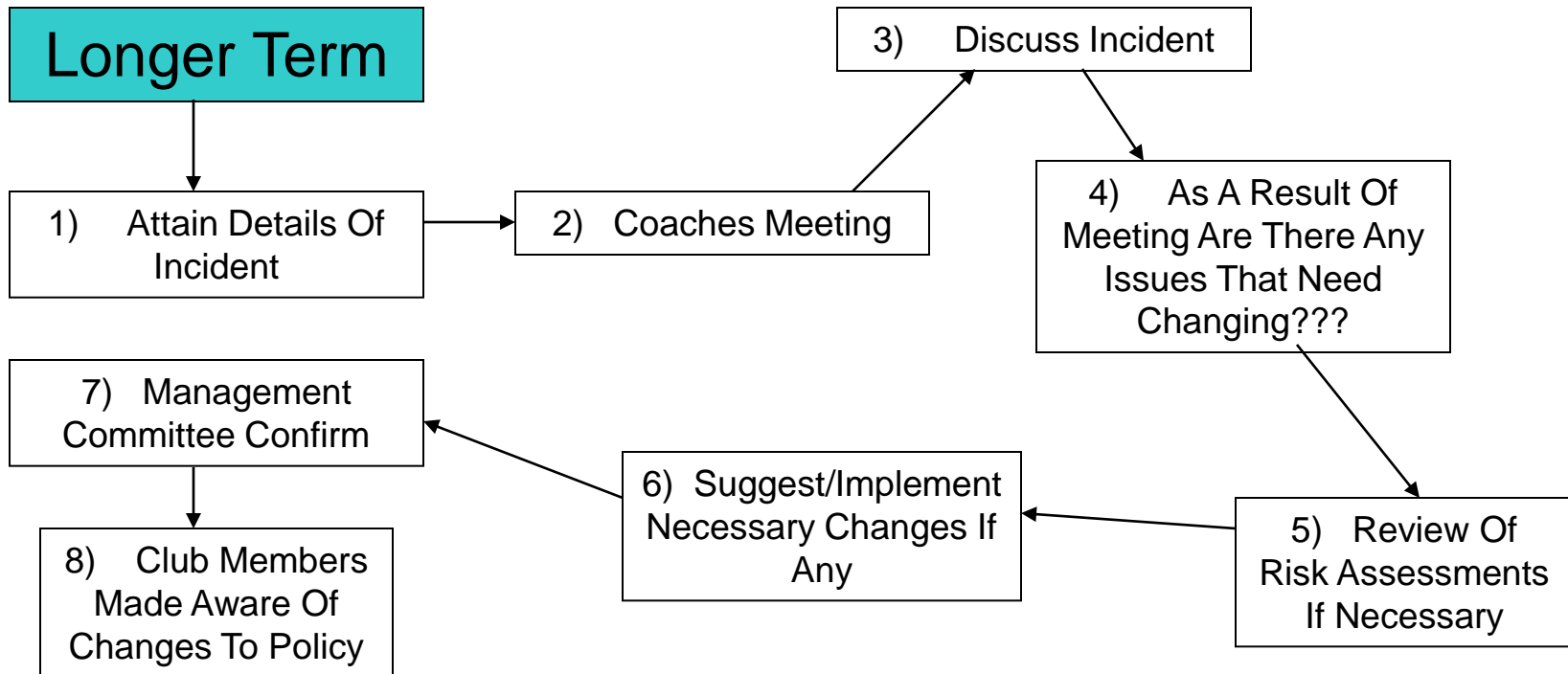
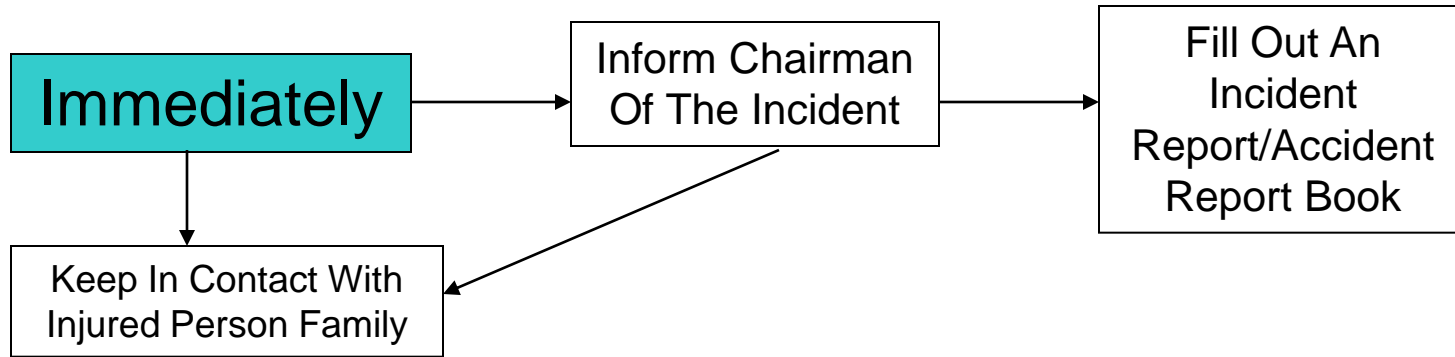
Other Coaches Informed

Other Coaches Back Up Session

Find Contact Details And Inform Next Of Kin

Decide On Further Necessary Action

Following Major Emergency



Vale Royal AC Coaches Mobile Numbers

The Below Numbers Will Be Available During Coaching Sessions At Vale Royal AC If Parents Need To Get In Touch In An Emergency...

Dave Copsey 07704430966

Shaun McGrath 07777676117

Harry Evans 07717 224238

Pearl Hodgkinson 07881 86485

Stuart Jakeman 07884118523

St Nicholas High School 01606 706000

Knights Grange Sports Complex 01606 552780

Confidential Coach Phone Numbers

- Coaches At Vale Royal Athletic Club have been provided with each others mobile phone numbers for use in an emergency during coaching sessions
- The numbers are confidential apart from the ones that have been published on the previous page of this report as well as being published on the club web site.